

# MAIN POOL SCHEDULE

Effective: June 2 - August 9, 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am							
6:30 am							
7:00 am				Adult Lap 5:30-8:25			Adult Lap (6) 6:30-8:25
7:30 am							
8:00 am							
8:30 am				Aqua Motion 8:30 - 9:30			
9:00 am							
9:30 am				Lessons 9:30 - 12:00			Lessons 8:30-12:00
10:00 am							
10:30 am							
11:00 am							
11:30 am							
12:00 pm				Warm Water Workout 12:00 - 1:00			
12:30 pm							
1:00 pm				Adult Lap (3) Lessons (1) 1:00-1:45			
1:30 pm							
2:00 pm							
2:30 pm							
3:00 pm				Camp Swim 1:45 - 4:00			
3:30 pm	Recreational Swim 12:00-6:00						Recreational Swim 12:00-8:00
4:00 pm							
4:30 pm	Recreational 4:00 - 6:00		Recreational 4:00 - 8:00	Recreational 4:00 - 6:00	Recreational 4:00 - 8:00	Recreational 4:00 -5:30	
5:00 pm							
5:30 pm							
6:00 pm	Swim Lessons 6:00-8:15		Swim Team (2) 4:30 - 5:30	Swim Lessons 6:00-8:15	Swim Team (2) 4:30 - 5:30	Adult Lap (2) 5:30 - 6:30	
6:30 pm							
7:00 pm	Deep Water 6:00 - 6:45			Deep Water 6:00 - 6:45		Deep Water (3) 6:00 - 6:45	
7:30 pm			Adult Lessons 8:15 - 9:00		Adult Lessons 8:15 - 9:00		
8:00 pm							
8:30 pm	Recreational 8:15 - 9:00			Recreational 8:15 - 9:00		Recreational 6:45 - 9:00	
9:00 pm							
9:30 pm				Adult Lap (3) 9:00-10:00			
10:00 pm				Scuba Class (3) M, T, W & TH			

Main Pool will be closed from Aug. 10-16 for maintenance.

Adult Lap: Lap lanes available for members 18 & over  
 Recreational: Lanes 1, 2 & 3 Open (\*Small area for Day Care Swim Lessons)  
 Lanes 4 & 5 Adult Lap  
 Lane 6 Lap  
 Lane 6 Lesson Lane