

Main Pool Schedule

Effective: June 1 - August 15

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 am								
6:30 am								
7:00 am		Adult Lap 5:30-8:25					Adult Lap 6:30-8:25	
7:30 am								
8:00 am								
8:30 am		Aqua Motion 8:30-9:30						
9:00 am								
9:30 am		Lessons 9:30-12:00					Lessons 8:30-12:00	
10:00 am								
10:30 am								
11:00 am								
11:30 am								
12:00 pm		Warm Water Workout 12:00-1:00						
12:30 pm	Recreational Swim 12:00--6:00							
1:00 pm		Adult Lap (3) Lessons (1) 1:00-1:45	Adult Lap (3) Lessons (1) 1:00-1:45	Adult Lap (3) Lesson (1) 1:00-1:45	Adult Lap (3) Lessons (1) 1:00-1:45	Adult Lap (3) Lessons (1) 1:00-1:45		
1:30 pm								
2:00 pm			Camp Swim 1:45-4:00					
2:30 pm								
3:00 pm								
3:30 pm								
4:00 pm								Recreational Swim 12:00-7:00
4:30 pm								
5:00 pm			Recreational 4:00-6:00		Recreational 4:00-6:00		Recreational 4:00-5:30	
5:30 pm								
6:00 pm								
6:30 pm								
7:00 pm		Swim Lessons 6:00-8:15 Deep Water 6:00-6:45	Recreational 4:00-8:00 Swim Team 4:30 - 5:30 (2 lanes)	Swim Lessons 6:00-8:15 Deep Water 6:00 - 6:45	Recreational 4:00-9:00 Swim Team 4:30 - 5:30 (2 lanes)	Adult Lap (2) 5:30-6:30 Deep Water (3) 6:00-6:45		
7:30 pm								
8:00 pm								
8:30 pm								
8:30 pm		Recreational 8:15-9:00	Adult Lessons 8:15-9:00	Recreational 8:15-9:00		Recreational Swim 6:45-9:00		
9:00 pm								
9:30 pm								
10:00 pm		Adult Lap (3) 9:00-10:00 Scuba Class (3) M, T, W & TH						

Number of lanes subject to change to accommodate pool usage.

Adult Lap: Lap lanes available for members 18 & over
 Recreational: Lanes 1, 2 & 3 Open (*Small area for Day Care Swim Lessons)
 Lanes 4 & 5 Adult Lap
 Lane 6 Lap
 Lane 6 Lesson Lane
 () Number of lanes
 Please consult lifeguard for proper lane pace.

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