

MAIN POOL SCHEDULE

Effective January 28, 2010

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5:30 AM									
6:00 AM									
6:30 AM									
7:00 AM		Adult Lap 5:30 - 8:55	Adult Lap 5:30 - 8:55	Adult Lap 5:30 - 8:55	Adult Lap 5:30 - 8:55	Adult Lap 5:30 - 8:55	Adult Lap 6:30 - 8:40		
7:30 AM									
8:00 AM									
8:30 AM									
9:00 AM		Aqua Motion/ Silver Splash 9:00 - 10:00	Aqua Motion/ Silver Splash 9:00 - 10:00	Aqua Motion/ Silver Splash 9:00 - 10:00	Aqua Motion/ Silver Splash 9:00 - 10:00	Aqua Motion/ Silver Splash 9:00 - 10:00	Lessons 8:45 - 12:00		
9:30 AM		Lessons 10:00 - 11:00	Lessons 10:00 - 11:00	Lessons 10:00 - 11:00	Lessons 10:00 - 11:00	Lessons 10:00 - 11:00			
10:00 AM		Warm Water Workout 11:00 - 12:00	Warm Water Workout 11:00 - 12:00	Warm Water Workout 11:00 - 12:00	Warm Water Workout 11:00 - 12:00	Warm Water Workout 11:00 - 12:00			
10:30 AM									
11:00 AM									
11:30 AM									
12:00 PM	Recreational 12:00 - 6:00	Recreational 12:00 - 4:30 Lessons (2) 1:30 - 2:30	Recreational 12:00 - 4:30	Recreational 12:00 - 1:30	Recreational 12:00 - 4:30	Recreational 12:00 - 5:00	Recreational Lessons (2) 12:00 - 12:45		
12:30 PM									
1:00 PM									
1:30 PM								Home School Swim Lessons 1:00 - 3:00	
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM								Recreational 3:00 - 4:30	
4:00 PM									
4:30 PM							Adult Lap (1) Swim Team (4) Lessons (1) 4:30 - 5:30	Adult Lap (1) Lessons (5) 4:30 - 6:00	Swim Team (4) Lessons (2) 4:30 - 5:30
5:00 PM					Lessons (2) Adult Lap (1) Swim Team (3) 5:00 - 6:00				
5:30 PM		Lessons 5:30 - 7:30	Adult Lap (3) Lessons (3) 6:00 - 6:30	Lessons 5:30 - 7:30	Adult Lap (3) Lessons (3) 6:00 - 6:30	Adult Lap (2) Lessons (1) Deep Water (3) 6:00 - 6:45			
6:00 PM		Deep Water 6:00 - 6:45	Swim Team (4) Lessons (1) Adult Lap (1) 6:30 - 7:30	Deep Water 6:00 - 6:45					
6:30 PM									
7:00 PM									
7:30 PM			Open(3) Lessons (1) Adult Lap (2) 7:30 - 8:15		Swim Team (5) Adult Lap (1) 6:30 - 9:00	Recreational 6:45 - 9:00			
8:00 PM		Recreational 7:30 - 9:00	Open(3) Lessons (1) Adult Lap (2) 8:15 - 9:00	Recreational 7:30 - 9:00					
8:30 PM									
9:00 PM		Adult Lap (3) Scuba (3) 9:00 - 10:00	Adult Lap (3) Scuba (3) 9:00 - 10:00	Adult Lap (3) Scuba (3) 9:00 - 10:00	Adult Lap (3) Scuba (3) 9:00 - 10:00	Adult Lap (3) Scuba (3) 9:00 - 10:00			
9:30 PM									

Adult Lap Lap lanes available for members 18 & over

Recreational Lanes 1, 2 & 3 Open
Lanes 4 & 5 Adult Lap
Lane 6 Lap/Lesson Lane

Pool closed for swim meet:

Friday, February 5th 3:00 - 10:00 pm
Saturday, February 6th ALL DAY
Sunday, February 7th ALL DAY

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