

December 20th - January 2nd

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LAP SWIM Family Swim (W) 5:45-9:00	LAP SWIM Family Swim (W) 5:45-8:30	LAP SWIM Family Swim (W) 5:45-9:00	LAP SWIM Family Swim (W) 5:45-8:30	LAP SWIM Family Swim (W) 5:45-9:00	AQUA MOTION Lap Swim (2) Family Swim (D) 8:00-8:55
	DEEP WATER EXERCISE Lap Swim (2) Family Swim (S) 9:00-9:55	LIQUID CARDIO Lap Swim (1) Family Swim (D) 8:30-9:45	DEEP WATER EXERCISE Lap Swim (2) Family Swim (S) 9:00-9:55	LIQUID CARDIO Lap Swim (1) Family Swim (D) 8:30-9:45	DEEP WATER EXERCISE Lap Swim (2) Family Swim (S) 9:00-9:55	
	OPEN SWIM Lap Swim (2) 10:00-11:05	AQUA ARTHRITIS Lap Swim (2) Family Swim (D) 10:00-10:55	OPEN SWIM Lap Swim (2) 10:00-11:05	AQUA ARTHRITIS Lap Swim (2) Family Swim (D) 10:00-10:55	OPEN SWIM Lap Swim (2) 10:00-11:00	
	AQUA MOTION Lap Swim (1) Family Swim (D) 11:10-12:05		SILVER SNEAKERS SILVER SPLASH Lap Swim (1) Family Swim (D) 11:10-12:05		AQUA MOTION Lap Swim (1) Family Swim (D) 11:10-12:05	OPEN SWIM Lap Swim (2) 9:00-9:45
	OPEN SWIM Lap Swim (2) 12:10-4:10	OPEN SWIM Lap Swim (2) 1:10-4:25	OPEN SWIM Lap Swim (2) 12:10-4:10	OPEN SWIM Lap Swim (2) 10:00-4:20	OPEN SWIM Lap Swim (2) 12:10-4:10	
OPEN SWIM Lap Swim (2) 12:00-6:45		AQUA EXPLOSION Lap Swim (2) Family Swim (S) 4:30-5:25		AQUA EXPLOSION Lap Swim (2) Family Swim (S) 4:30-5:25		
	WB SWIM TEAM Lap Swim (1) Family Swim (W) 4:15-5:45		WB SWIM TEAM Lap Swim (1) Family Swim (W) 4:15-5:45		WB SWIM TEAM Lap Swim (1) Family Swim (W) 4:15-5:45	
	OPEN SWIM Lap Swim (2) 6:00-7:40		OPEN SWIM Lap Swim (2) 6:00-7:40		OPEN SWIM Lap Swim (2) 6:00-7:40	
	AQUA MOTION Lap Swim (2) Family Swim (D) 7:45-8:40	OPEN SWIM Lap Swim (2) 5:00-8:45	AQUA MOTION Lap Swim (2) Family Swim (D) 7:45-8:40	OPEN SWIM Lap Swim (2) 6:00-8:45	OPEN SWIM Lap Swim (2) 6:00-8:45	