

POOL SCHEDULE

Jan. 2-May 31, 2008

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
Adult Lap Swim 6:00-8:15										Synchro Team 6:00-9:00					
Stretch 8:15-9:00		Adult Lap 8:15-9:00		Stretch 8:15-9:00		Adult Lap 8:15-9:00		Stretch 8:15-9:00							
L A P	SilverSplash 9:00-9:45	L A P	Cardio Run 9:00-9:45	L A P	SilverSplash 9:00-9:45	L A P	Cardio Run 9:00-9:45	L A P	SilverSplash 9:00-9:45	Deep Water 9:00-9:45					
L A P	Aquacise 9:45-10:30	L A P	Lessons 9:45-11:30	L A P	Aquacise 9:45-10:30	L A P	Lessons 9:45-11:30	L A P	Aquacise 9:45-10:30	2 lanes Adapted 4 lanes Lessons 9:00-12:00					
Lessons 10:30-11:30				Lessons 10:30-11:30				Lessons 10:30-11:30							
Taste of Aqua Fit 10:45-11:30				Taste of Aqua Fit 10:45-11:30				Taste of Aqua Fit 10:45-11:30							
Adult Lap 11:35-12:15		11:35-1:00 Adult Lap 11:35-1:00										Adult Lap 12:00-1:00		Adult Lap 12:00-1:00	
Adapted 12:15-2:00		L A P	Home School 1:00-2:00	L A P	Program 1:00-2:00	L A P	Home School 1:00-2:00	L A P	Program 1:00-2:00						
2:00-3:00 Adult Lap Swim 2:00-3:00															
L A P	Adapted 3:00-4:00	L A P	Recreational 3:00-4:00	L A P	Recreational 3:00-4:00	L A P	Recreational 3:00-4:00	L A P	SACC/ Recreational 3:00-5:30	L A P Recreational Swim 1:00-6:30				L A P Recreational Swim 1:00-6:00	
L A P	Swim Team 4:00-6:00	Swim Team 4:00-6:00		L A P	Swim Team 4-6:00	Swim Team 4:00-6:00		Adult Lap 5:30-6:30							
Lessons 6:00-7:30		Lessons 6:00-7:30		Lessons 6:00-7:30		Lessons 6:00-7:30									
L A P	Recreational 7:30-8:30	L A P	PM Splash 7:30-8:15	Synchro 7:30-9:45		L A P	PM Splash 7:30-8:15	L A P	Recreational 6:30-9:45						
Adult Lap 8:30-9:45		L A P	Recreational 8:15-9:45			L A P	Recreational 8:15-9:45								

Adult Lap Swim 18 years of age and older. Lap Swim, any age (circle swim).

Lap lanes may be removed 5 minutes before the end of any swimming period or time.

Hours and scheduling are subject to change according to usage and weather. When pool is closed, whirlpool is closed.

POOL CLOSED: Feb. 16 12:00 to close Synchronized Swim Meet
 Feb. 17 Until 2:30 p.m. Synchronized Swim Meet

Indoor pool will be closed immediately upon the event of a severe thunderstorm warning, a thunderstorm directly overhead or a tornado warning. Please call 588-0255 for a recorded message regarding facility and program changes.