



M.E. Lyons YMCA Family Program Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kid Fit 9:30-10:30 AM Child ages 4-6		Kid Fit 9:30-10:30 AM Child ages 4-6	Family Book Cooks 10:00-10:45 AM Parent & Child ages 3-5	Kid Fit 9:30-10:30 AM Child ages 4-6	Calendar updated 10/21/2009 *Subject to change
	Family Pint Sized Picassos 10:15-10:45 AM Parent & Child Ages 18 mo +	Family Adventures in Art 10:15-10:45 AM Parent & Child ages 3-5	Family Sports of All Sorts 11:00-11:45 AM Parent & Child ages 3-5		
	Family Runners & Jumpers 11:00-11:30 AM Parent & Child ages 2-3	Family Runners & Jumpers 11:00-11:30 AM Parent & Child ages 2-3			
	Family Sports of All Sorts 1:00-1:45 PM Parent & Child ages 3-5		Watercolor class 12:30-2:00 PM Ages 18 and up		
			Family Book Cooks 6:00-6:45 PM Parent & Child ages 3-5		
		Family Pint Sized Picassos 6:15-6:45 PM Parent & Child Ages 18 mo +			
Tippi Toes Dance 5:00-8:00 PM *Fee bases/Prior registration required	Tae Kwon Do 7:00-9:00 PM *Fee bases/Prior registration required	Family Jewelry Making 7:00-7:30 PM Parent & Child Ages 6-9	Tae Kwon Do 7:00-9:00 PM *Fee bases/Prior registration required		