



M.E. Lyons Outdoor Pool Schedule July 1 – 31

Lap Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:45am – 12:30pm (1 lane) 12:30pm-8:30pm (2 lanes)	10:45am-12:30pm (1 lane) 12:30pm-7:00pm (2 lanes) 7:00pm-8:00pm (1 lane)	5:45am-6:45am (1 lane) 10:45am-12:30pm (1 lane) 12:30pm-8:30pm (2 lanes)	10:45am-12:30pm (1 lane) 12:30pm-7:00pm (3 lanes) 7:00pm-8:30pm (1 lane)	5:45am-6:45am (1 lane) 10:45am-12:30pm (1 lane) 12:30pm-8:30pm (2 lanes)	12:30pm-8:30pm (2 lanes)	12:00-8:30pm (2 lanes)

Water Aerobics

Core & More
Tues./Thurs. 9:15am-10:00am

Open Swim (Big Pool)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:45-12:30pm (Shallow only) 12:30-8:30pm	10:45-12:30pm (Shallow Only) 12:30-8:30pm	10:45-12:30pm (Shallow Only) 12:30-8:30pm	10:45-12:30pm (Shallow Only) 12:30-8:30pm	10:45-12:30pm (Shallow Only) 12:30-8:30pm	10:00-12:30pm (T only) 12:30-8:30pm	12:00-8:30

Open Swim (Baby Pool)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am-8:30pm	10:00am-8:30pm	10:00am-8:30pm	10:00am-8:30pm	10:00am-8:30pm	10:00am-8:30pm	12:00-8:30pm

*The Outdoor Pool Schedule is subject to change due to cleaning and maintenance.

*On Tuesdays and Thursdays the 7:00-8:30pm lap lane is long course.

*On Wednesdays and Fridays the 5:45-6:45am lap lane is long course.

*On Thursday, July 1st the Swim Team will have 2 long course lanes and there will be 1 long course lane for lap swim from 5:30-8:30pm