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FOR HEALTHY LIVING
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BE A LEADER BE A LIFEGUARD



YMCA LIFEGUARD COURSE OFFERINGS Spring 2018 Training Schedule R.C. DURR YMCA

This course is designed to provide the participants with the knowledge and skills needed to be a lifeguard and professional rescuer. Participants will also be certified in Basic Life Support (CPR Pro for the Professional Rescuer), Basic First Aid for the Community and Emergency Oxygen Administration. This course is a nationally recognized certification, and will make participants eligible for employment at any of our Greater Cincinnati YMCAs, as well as many of our local aquatic facilities. For more information, please contact Janell Freihofer—Aquatic Manager at jfreihofer@MyY.org, or Kristine Schmidt—Aquatic Director at kschmidt@myy.org.

Classes Offered/Information

Cost - \$200; includes elearnings, certification cards, whistle, fanny pack, CPR mask, pool and classroom time.

Ages - Must be 16 years of age by last day of class.

*All class days and times are mandatory for completion of the course.

Option 1: February 2-17, 2018*

February 2, 9, 16: 3:30-9:30 p.m.

February 3, 10: 12-5 p.m.

February 17: 12-6 p.m.

Registration Deadline: Wednesday, January 31, 2018!

Option 3: March 5-28, 2018*

March 5, 7, 19, 21, 26: 4-8 p.m.

March 28: 4-10 p.m.

Registration Deadline: Wednesday, February 28, 2018!

Option 5: April 20-May 5, 2018*

LAST CLASS BEFORE SUMMER 2018 BEGINS!

April 20, 27, May 4: 3:30-9:30 p.m.

April 21, 28: 12-5 p.m.

May 5: 12-6 p.m.

Registration Deadline: Wednesday, April 11, 2018!

Option 2: February 5-28, 2018*

February 5, 19, 21: 3:30-8:30 p.m.

February 7, 26, 28: 3:30-9:30 p.m.

Registration Deadline: Wednesday, January 31, 2018!

Option 4: April 9-13, 2018*

SPRING BREAK 2018 CLASS!

April 9, 10, 11, 12: 9:30 a.m.-4 p.m.

April 13: 9:30 a.m.-6 p.m.

Registration Deadline: Wednesday, March 28, 2018!

Option 6: June 4-8, 2018*

LAST CHANCE CLASS!

June 4-7: 9:30 a.m.-4 p.m.

June 8: 9:30 a.m.-6 p.m.

Registration Deadline: Wednesday, May 23, 2018!

