



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# START YOUR ADVENTURE

## LIFEGUARD TRAINING

This course is designed to provide the participants with the knowledge and skills needed to be a lifeguard and professional rescuer. Participants will also be certified in CPR Pro for the Professional Rescuer, Basic First Aid for the Community and Emergency Oxygen Administration. This course is a nationally recognized certification, and will make participants eligible for employment at any of our Greater Cincinnati YMCAs. For more information, please contact Julie Halusek— Senior Program Director at [jhalusek@MyY.org](mailto:jhalusek@MyY.org) or call 513-521-7112.

### Pre Lifeguard Class

This class is designed to teach and refine your swimming skills in preparation of taking the Lifeguard Class. Attend as many or a few classes to obtain the necessary swimming skills to successfully pass the Lifeguard Pre-requisite swim.

#### Pre Lifeguard Class Dates, Times and Locations

- Thursday's , 7pm –8pm—Powel Crosley YMCA .
- Wednesday's 7:30-8:30pm– Clippard Family YMCA
- Ask to schedule at Gamble-Nippert YMCA

### Lifeguard Classes

- February Class at Clippard YMCA

Saturday, February 10 12-7pm  
Sunday, February 11, 12-7pm  
Thursday, February 15, 4-8pm  
Friday, February 16, 4-8pm  
Saturday, February 17, 12-7pm

- March Class At Powel Crosley YMCA

Thursday, March 8, 5-9:30pm  
Friday, March 9, 5-9:30pm  
Saturday, March 10, 9am-5:30pm  
Thursday, March 15, 5-9:30pm  
Friday, March 16, 5-9:30pm  
Saturday, March 17, 12-5pm

- March Class At Gamble Nippert YMCA

Friday, March 16, 5-9:30pm  
Saturday, March 17, 9am-5:30pm  
Sunday, March 18, 10-6pm  
Friday, March 23, 5-9:30pm  
Saturday, March 24, 9am-5pm  
Sunday, March 25, 10am-6pm

- April Class at Clippard YMCA

Monday, April 2, 4-8pm  
Tuesday, April 3, 4-8pm  
Wednesday, April 4, 4-8pm  
Thursday, April 5, 4-8pm  
Saturday, April 8, 12-7pm

- April Class At Gamble Nippert YMCA

Friday, April 13, 5-9:30pm  
Saturday, April 14, 9am-5:30pm  
Sunday, April 15, 10-6pm  
Friday, April 20, 5-9:30pm  
Saturday, April 21, 9am-5pm  
Sunday, April 22, 10am-6pm

- April Class at Powel Crosley YMCA

Thursday, April 19, 5-9:30pm  
Friday, April 20, 5-9:30pm  
Saturday, April 21, 9am-5:30pm  
Thursday, April 26, 5-9:30pm

